

CHOOSING CHILD CARE

IN SOUTH DAKOTA



TABLE OF CONTENTS

Introduction	1
Step 1: Getting Started	2
Step 2: Call the Provider to Schedule a Phone Interview.	
Step 3: Call References	6
Step 4: Set an Appointment to Visit the Child Care Program Site.	7
Additional Information1	4
Map1	5

INTRODUCTION

Choosing quality child care is one of the most important decisions you will make for your child and it may be one of the most frustrating and challenging decisions. As a parent, you are the main influence in the lives of your children, but the provider you choose will also have a major impact.

How do you know your children are being well cared for?

How do you find the right place for your children, a place where they can learn and grow?

This booklet will guide you through the decisions and choices of choosing child care and is intended to make the search a little easier. The color code is designed to assist you in determining the quality of child care. As you answer the questions, check the box that best describes the child care situation you are considering. When making your decision, look at the checked boxes as you would a stop light.



The majority of green boxes checked indicates the program has met minimal standards of quality. If there are a majority of red boxes checked, you may want to reconsider the program and check into some others.

When you have found a program that meets the needs of your family and children stay involved, ask questions, and talk with your provider each day about your child.

STEP 1: Getting Started

- ***Be sure to check ALL available resources***
- ✓ Determine the types of child care available.
- ✓ Check the Child Care Services website at <u>dss.</u> <u>sd.gov/childcare/licensing</u> for inspection reports for registered or licensed providers.
- ✓ Contact your area Early Childhood Enrichment program or an established child care referral service.
- ✓ Ask your friends and co-workers whose opinions you respect.
- Check with your community organizations, schools, and churches.
- ✓ Search online, in the phone book and in newspapers.



STEP 2: Call the Provider to Schedule a Phone Interview

Name of Provider:
Phone Number:
SAMPLE QUESTIONS
Is this a convenient time to visit, if not, when can I call you back?
How many children do you care for? What are the ages of the children you care for?
What are your fees?
What hours are you open?
What days are you open?
Are you open year-round?

Do you have any openings? If not, do you anticipate having any in the future?

Do you have a waiting list?

Are you registered or licensed?



Yes

No

What training/education do you have?

- Bachelors or Masters Degree in Early Childhood or Early Elementary Education
- Associate Degree in Early Childhood
- Child Development Associate Credential (CDA)
- College credits in early childhood or school-age education
- Supervised work experience in child care, a preschool setting, or an early elementary classroom
- At least 6 hours of annual training relating to the care of the children
- Infant-Child CPR
- First Aid
- None

3

How long have you been in the profession?	STEP 3: Call References
5 years or more 1-4 years Less than 1 year	© GO
How long do you plan to continue this profession?	STOP
This is my career	
Not sure	SAMPLE QUESTIONS
Other Can you provide two references from parents of children in	Were you satisfied with the group size and number of adults available to care for the children?
the program now or in the past?	Were you satisfied with the quality of care provided?
If the provider is just starting their child care business, ask for references from past employers	Were you satisfied with the meals and snacks?
Reference 1:	Were you satisfied with the activities planned for the children?
	Were you satisfied with the type of discipline used?
Contact Information:	Were you satisfied with the overall management of the program (i.e. policies, hours of operation, staff, etc.)?
Reference 2:	How long did you or have you used this program?
Contact Information:	What do you feel were the programs strengths/weaknesses?
Reference 3:	
Contact Information:	Would you choose this program again? Why or why not?

STEP 4: Set an Appointment to Visit the Child Care Program Site

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Date:	Time:	

Group Size and Staff to Child Ratio

Research shows the staff to child ratio and group size are *two of the most important* areas to be addressed in standards for care. The younger the child, the more critical it is to have a low staff to child ratio. For mixed aged groups, the number of staff required should be based on the youngest child in the group.

Use the following chart to compare the group size and staff to child ratio of the child care program site you are considering.

Group Size and Staff to Child Ratio

Age	National Recommended Group Size	National Recommended Staff to Child Ratio
0-12 Months	6	1:3
1-2 Years	8-10	1:4 or 1:5
3 Years	14	1:7
4 and 5 Years	16	1:8
6 Years and Older	20-24	1:10 or 1:12

^{***}State or city group size and ratio requirements may vary from national recommendations***

Environment and Caregiver Actions

The environment should above all else be safe.

Check for things such as:

- √ Appropriate toys
- ✓ Age-appropriate activities
- ✓ A variety of indoor and outdoor activities
- ✓ Amount and type of interactions between the caregiver and the children
- ✓ Nutritious meals
- √ Cleanliness



During your site visit, consider the following physical space details and caregiver actions for Infants and Toddlers, Preschoolers, School Age, Meals, and Other Caregiver Aspects.



Infants and Toddlers

- There is a clean area for crawling and exploring.
- Toys are clean and free from rough edges.
- Open stairways are blocked off by gates.
- Children spend the majority of waking time out of cribs, highchairs, swings, play pens, etc.
- There is enough age-appropriate equipment and materials for all children.
- Music is played at a soft, comforting volume appropriate for infants and toddlers.
- Staff hold babies when bottle feeding.
- DDD Babies sleep on their backs without blankets.
- Staff hold, talk to and play with babies other than at feeding times.
- Staff are situated near infants and toddlers to supervise and attend to their needs.

Preschoolers

- Home or center is neat, clean and organized.
- There is enough space and bedding for children to nap.
- Rooms are cheerful, attractive and appealing to children.
- Music is played at a soft volume and appropriate.
- Television use is limited and appropriate.
- Materials and toys are situated so children can reach them without adult assistance.
- Accommodations are made with materials and equipment for children with special needs.
- There is enough age-appropriate equipment and materials for all children.
- Toys are in good repair with no rough edges.
- Staff engage in conversation and interaction with all children.
- Staff are situated as needed to supervise and assist children.
- The outdoor play area is safe and staff are spread out to supervise activities.

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School Age The physical space is cheerful and temperature is comfortable. Space is separated for different types of activities and allows enough room for children.

Children have chances to work individually and in groups.

Activities, equipment and materials are ageappropriate and encourage participation in positive learning experiences.

Accommodations are made with materials and equipment for children with special needs.

Staff engage in conversation and interaction with all children.

Staff are situated as needed to supervise and assist children.

Supplies and materials are accessible to children without requiring adult assistance.

Meals

Children are offered a nutritious:

Breakfast	Morning Snack
Lunch	Afternoon Snack
Dinner	Evening Snack

Meals Continued

The childcare provider is on the USDA Food Program.

Menus are posted.

Other Caregiver Aspects to Consider

Is warm, friendly and responsive to children.

Is energetic, in good health and able to keep up with children.

Provides age-appropriate routine and rules which are easily understood by the children.

Allows parents to visit unannounced at any time during the day.

COO Has a sense of humor.

COO Enjoys working with children at every age level.

Is caring, understanding and sets a positive example.

Washes hands frequently, especially after changing diapers.

Is accepting of a child's normal developmental behavior such as wetting, soiling, thumb-sucking.

Encourages children to express themselves verbally by listening to them, talking to them and asking them questions.

Encourages infants, toddlers, preschoolers and school-age children to try new activities and master skills.

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Questions to Ask Providers

Are you licensed or registered with the State of South Dakota?

Do you have a program handbook describing the rules, fees and policies of your program?

What is your staff turnover rate? How many staff do you have?

What is your billing policy?

What is your policy on discipline?

What is your policy on safety/security?

Where are the fire exits located?

What is a typical day like?

Are meals included in your fees or are they extra?

If my child needs transportation to and/or from preschool, kindergarten or school, do you provide that? Is there an extra cost?

Do you charge extra if I am late to pick up my child?

Do I pay when my children are not here because of an illness or vacation?

Do I pay when you are ill or on vacation?

What happens if my child gets sick? If you get sick?

Can I visit my child whenever I would like to?

ADDITIONAL INFORMATION For more information regarding child care options you can

For more information regarding child care options you can contact any Child Care licensing office or the Early Childhood Enrichment (ECE) program in your area.

ABERDEEN AREA

Child Care Licensing: 605.626.3160 or 1.866.239.8855 ECE Office, Sanford Children's CHILD Services: 605.226.5675 or 1.800.982.6404 www.sanfordhealth.org/MedicalServices/CHILDservices

BROOKINGS AREA

Child Care Licensing: 605.688.4330 or 1.866.267.5228 ECE Office, Child & Family Resource Network: 605.688.5730 or 1.800.354.8238 www.sdstate.edu/tll/frn

MITCHELL AREA

Child Care Licensing: 605.995.8000 or 1.800.231.8346 ECE Office, Sanford Children's CHILD Services: 605.312.8390 or 1.800.235.5923 www.sanfordhealth.org/resources/child-services

PIERRE AREA

Child Care Licensing: 605.773.4766 or 1.800.227.3020 ECE Office, The Right Turn: 605.773.4755 or 1.866.206.8206 www.therightturn.net

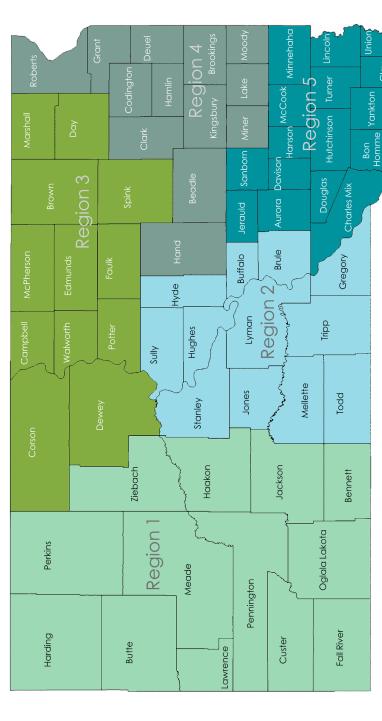
RAPID CITY AREA

Child Care Licensing: 605.394.2525 or 1.800.644.2914 ECE Office, Early Childhood Connections: 605.342.6464 or 1.888.999.7759 www.earlychildhoodconnections.com

SIOUX FALLS & YANKTON AREA

Child Care Licensing:605.367.5444 or 1.866.801.5421 ECE Office, Sanford Children's CHILD Services: 605.312.8390 or 1.800.235.5923 www.sanfordhealth.org/resources/child-services

Regional Early Childhood Enrichment Offices



Region 1: Early Childhood Connections - Rapid City 605.342.6464 or 1.888.999.7759
Region 2: The Right Turn - Pierre 605.773.4755 or 1.866.206.8206
Region 3: Sanford Children's CHILD Services - Aberdeen 605.226.5675 or 1.800.982.6404
Region 4: Child & Family Resource Network - Brookings 605.688.5730 or 1.800.354.8238
Region 5: Sanford Children's CHILD Services - Sioux Falls 605.312.8390 or 1.800.235.5923



Office of Licensing and Accreditation 910 E Sioux Ave.

Pierre, SD 57501

Phone: 605.773.4766

Toll Free: 1.800.227.3020

Fax: 605.773.7294

Email: CCS@state.sd.us

Website: dss.sd.gov/childcare